



Simple STITCHING

by Andi Metz

"Keeping you in Stitches"



Cookies for Santa

Cookie mat/table runner and placemats

You will need:

- 14594 Seaside Tonal-Coral 1/3 yd
- 14594 Seaside Tonal-Turquoise 1/3 yd
- 14594 Seaside Tonal-Yellow 1/3 yd
- 14600 Surfboard Paradise-Aqua..... 1 1/4 yd
- 14601 Santa at Sea-Blue..... 1/2 yd
- 3000B-09 Benartex Basic White 1/4 yd

- Pellon Heavyweight Iron on or Shape Flex 20" wide..... 2 1/4 yd





Cutting Instructions:

	Placemats	Cookie Tablerunner
A 14594 Seaside Tonal-Coral	Cut (2) 1.25 x 10.5"	Cut (3) 1.25 x 10.5"
B BORDER COLOR		Cut (2) 1.5" X 10.5 & (2) 1.5" X 38.5
C 14594 Seaside Tonal-Turquoise	Cut (3) 1.25 x 10.5"	Cut (3) 1.25 x 10.5"
D BORDER COLOR	Cut (4) 1.5" X 15.5 & (4) 1.5" & 10.5	
E 14594 Seaside Tonal-Yellow	Cut (3) 1.25 x 10.5"	Cut (2) 1.25 x 10.5"
F BORDER COLOR	Cut (4) 1.5" X 15.5 & (4) 1.5" & 10.5	
G 14600 Surfboard Paradise-Aqua	Cut (4) 2.5" x 10.5"	Cut (4) 2.5" x 10.5"
H BACKING	Cut (4) 15.5" x 12.5"	Cut (1) 38.5 x 12.5
I 14601 Santa at Sea-Blue	Cut (4) 6.5" x 10.5"	Cut (2) 6.25" x 10.5"
Santa at is a directional fabric so cut appropriately		
J White	Cut (4) 4" x 10.5"	Cut (3) 4" x 10.5"
Pellon	Cut (4) 15.5" x 12.5"	Cut (1) 38.5 x 12.5

Key:

Use a 1/4" Seam allowance, unless otherwise noted

RST=Right sides together; when strip sewing you always start with RST


Right side of fabric

Wrong side of fabric

It's always best to press your seams after sewing each piece

APPLIQUE:

Prepare applique pieces using your preferred method or prepare base fabric with Best Press or similar and trace template on the paper side of Sewable Heat 'n Bond Lite. Following Heat 'n Bond instructions, fuse pieces to the wrong side of cooresponding applique fabric. Your fabric should be bigger than the Heat 'n Bond, otherwise you might fuse onto your iron or board. Following the line, cut out the applique shape.

Follow the Heat n Bond instructions to fuse applique pieces to base fabric.

It is helpful to use a stabilizer with your base fabric when sewing applique to the fabric, a medium weight tear away stabilizer is a good option. Place on wrong side of base fabric before sewing on the applique.

Because there can be some distortion of the base fabric from sewing the applique, you will trim your final piece to exact size when instructed.

Applique:

1. Trace the surfboard templates and prepare the applique with sewable Heat 'N Bond. Center and applique (1) surfboard to each J. You will have (7). *Place surfboard fin at base of board.

Place Mats:

1. Lay out placemat pieces as shown on the cover photo. With RST sew all pieces together, pressing after sewing each fabric piece.
2. Sew side borders first and press. Sew top and bottom borders and press.
3. Place placemat top and backing RST, place pellon fleece on top and pin together. Sew around perimeter leaving a 5" opening for turning. Turn, press and tuck in seam allowance. Sew closed.

Place Mats:

1. Lay out tablerunner pieces as shown on the cover photo. With RST sew all pieces together, pressing after sewing each fabric piece.
2. Sew side borders first and press. Sew top and bottom borders and press.
3. Place placemat top and backing RST, place pellon fleece on top and pin together. Sew around perimeter leaving a 5" opening for turning. Turn, press and tuck in seam allowance. Sew closed.
4. Bake your cookies and put on a plate, place plate on the tablerunner so Santa has a snack while he's on vacation.

Template

Surboard Fin-
place at base of surfboard
cut 7 -
various colors



cut 7 - various colors of tonal fabric,
follow picture