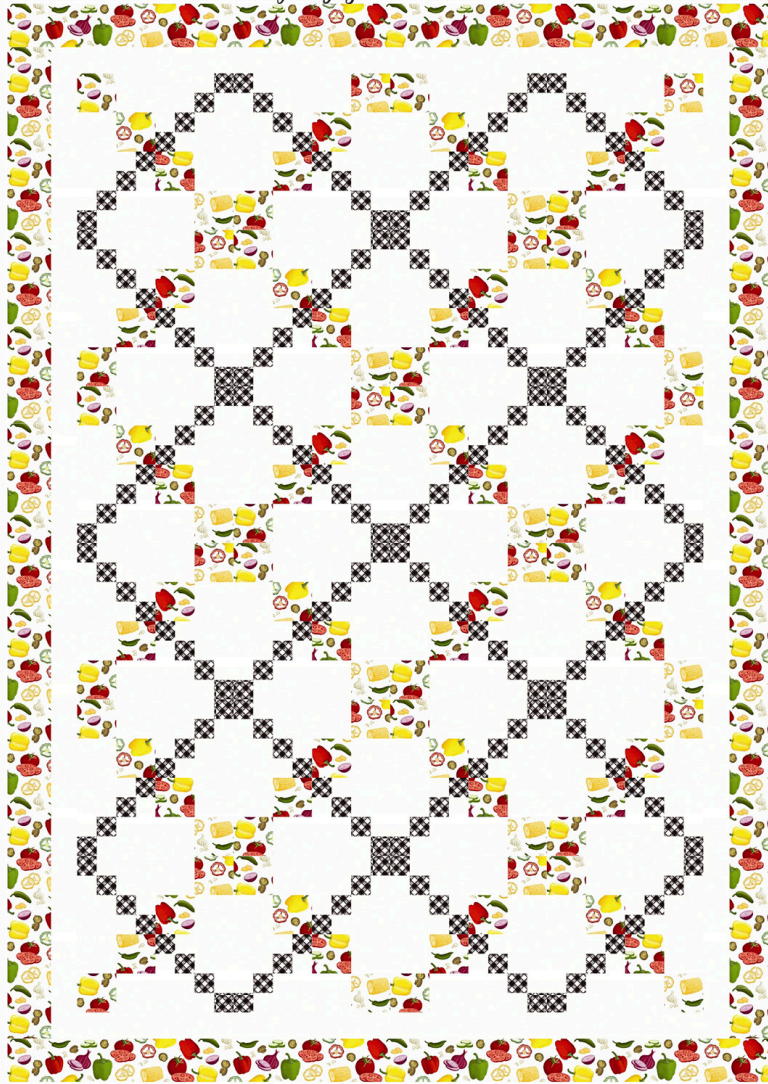


Simple STITCHING

by Andi Metz

"Keeping you in Stitches"





Eat your Veggies Quilt

46 x 64"

- A. 15090-09 1 1/4" yards
- B. White 1 3/4" yards
- C. 15086-12 3/8" yards



Key:
 Use a 1/4" Seam allowance, unless otherwise noted
 RST=Right sides together: when strip sewing you always start with RST
 Right side of fabric  Wrong side of fabric
 It's always best to press your seams

Cutting Instructions:

Blocks

Border



A. (96) 2 3/4 x 2 3/4"A1 (6) 4" strips - Border #2



B. (192) 2 3/4 x 2 3/4" & B1. (192) 1 5/8 x 1 5/8"B2 (6) 2" strips - Border #1



C. (192) 1 5/8 x 1 5/8"



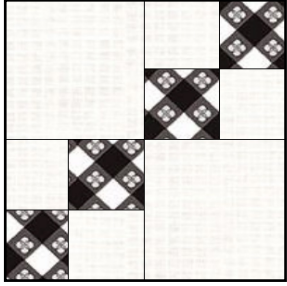
Sewing Instructions:

1. Make four patches using A & B.

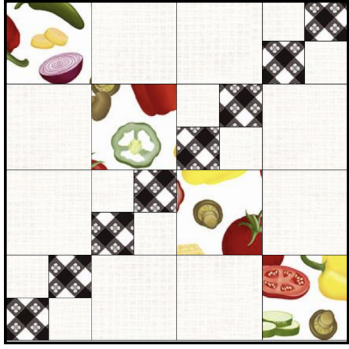
2. Make four patches using B1 and C. Be sure to keep seams even and straight, this is a small block and can easily get distorted. Using these four patches, make another four patch using B1/C & B.



Four patch should measure 2 3/4" x 2 3/4"



3. Assemble and sew four patches together as shown, you will make (24) blocks. Square to 9 1/2".



4. Assemble and sew blocks as shown on front cover.

5. Sew (2) B2 border strips together on short ends. Repeat for one more set. Center and pin B2 strip on long side of quilt. Sew. Trim excess from both ends. Repeat for other side. Sew (2) of the excess pieces to both short ends of remaining B2 strips. Repeat. Sew to top and bottom of quilt. Trim excess.

6. Repeat process in step 5 for A1 strips.

7. Finish as desired.